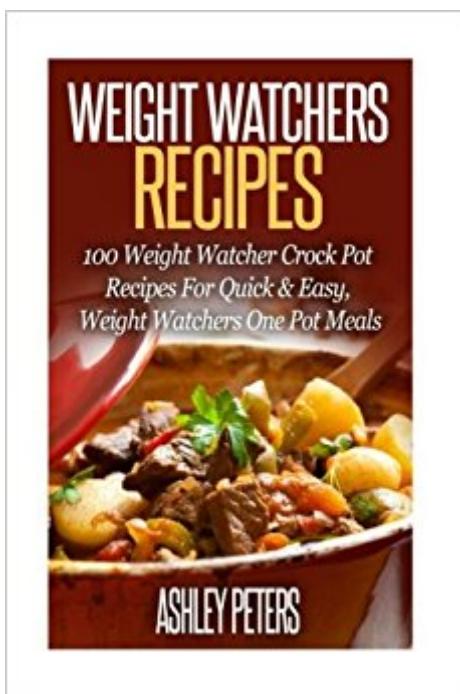


The book was found

Weight Watchers Recipes: 100 Weight Watcher Slow Cooker Recipes For Quick & Easy, Weight Watchers One Pot Meals



Synopsis

Discover 100 Weight Watcher Crock Pot Electric Pressure Cooker Recipes! ***Read this book for FREE on Kindle Unlimited - Download Now!*** Throughout this recipe book, you will find 100 different Weight Watchers crock pot recipes that are not only nutritious; they are delicious and satisfying as well. The beauty of the crock pot method of preparation is that you do not have to stand over any hot burners or pans and wait for your food to cook. With a crock pot, you merely prep and load all of your ingredients into the base of the crock pot, set the timer and the desired heat, and walk away until your food is ready to eat in a few hours! Eat well and stress free with Weight Watchers Recipes: 100 Weight Watcher Crock Pot Recipes For Weight Loss & Better Health you'll surely celebrate a flavorful and nutritious year ahead! Download Now for Instant Reading by Scrolling Up and Clicking the Buy Button

Book Information

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Customer Reviews

Not for current weight watchers program, can't use

Found really nice recipes that I would like to try out one day. I haven't really tried slow cooking crock pot but I got interested in buying this book because I am very meticulous with my diet. There are so many recipes to choose from and the meals are comprehensively and organized in this book. So I know it would be difficult to plan a day or even a week meal for myself and my family. It even includes desserts! Since the recipes here are certified healthy, this is something to look forward to!

wish there were actual photos. It would be easier to choose a recipe if you'd know how it's gonna look like, right? I guess that's all this book is missing. Over all, it's a great read.

Some good ideas here. I appreciate recipes that send me thinking on my own version of a recipe and aren't so complicated that you never try them. I do like crockpot cooking.

Outdated! Weight Watchers no longer used the Points Plus program. Using very different program Smart Points!

I bought one for my daughter and one for myself. I haven't tried any of the recipes yet but they sure sound delicious. My daughter loves it.

I like warm soups in winter and especially appreciate the variety of recipes, including chocolate desserts and lots of veggie stews

Short on variety . only fifty percent of this book worth trying to attempt making . not all ingredients seem dietary

I give this a 3 because I would not have purchased it had I had time to review in a book store first.

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